



Vardhman Mahaveer Open University, Kota
Rawatbhata Road, Kota, Rajasthan, 324021

Report

Workshop on Basic Life Support, First Aid and CPR

Jointly organized by

Vardhman Mahaveer Open University, Kota

&

Indian Red Cross Society, Kota

4th May 2023

Venue: LBS College, Kota

A workshop on Basic Life Support, **First Aid and CPR** was jointly organized by **Vardhman Mahaveer Open University, Kota, Rajasthan** and **Indian Red Cross Society, Kota** at **LBS College, Kota, Mahaveer Nagar Kota**. The workshop was attended by 100 teacher trainees of General Education as well as Special Education along



Master Trainer Abhishek Singh Chouhan providing demo of CPR



Figure 2 Needs and Importance of CPR

with their faculty members. It was specifically organized at LBS College for teacher trainees of B.Ed. Special Education as children with special needs are usually having associated other medical conditions like epilepsy, cerebral palsy etc and often requires immediate attention and

first aid.

Sh. Kuldeep Mathur, Chairman, LBS Group appreciated the initiative taken by IRCS Kota and Vardhman Mahaveer Open University, Kota and expressed his gratitude to Hon'ble Chancellor, VMOU Kota. He extended his gratefulness to Hon'ble Vice-Chancellor, VMOU, Kota Dr. Kailash Sodani for this novel initiative. He also expressed his thanks to the Nodal



Figure 3 Medal being awarded to successful participant



Figure 4 Award of certificate to successful participant.

After demonstration of CPR, participants were given opportunity to perform CPR using dummies. At the end of the session participants were asked to perform CPR as learnt in the workshop and one of the participants who performed well on demonstration of CPR was awarded with a Medal and Certificate from the IRCS, Kota in

Officer, Prof. B.Arun Kumar for being instrumental in organizing the said workshop. Dr. Akhilesh Kumar introduced the objectives of the workshop. In the said workshop, in first phase, the resource person and Master Trainer of IRCS, Kota, Abhishek Singh Chouhan discussed the need and importance of first aid and CPR and explained how the knowledge of First Aid and CPR could save lives during a disaster situation and in IInd phase, he demonstrated the process of CPR using Dummies.



Figure 5 Why to learn CPR and First Aid?

order to encourage participants to learn well and to encourage active participation. Representative of IRCS Kota Sh. Richpal Pareek and Sh. Abhishek Singh Chouhan, Representative of Vardhman Mahaveer Open University, Kota Dr. Akhilesh Kumar and representatives of LBS College Kota, Dr. Pramod Kumar Kulhade, Dr. Anita Rai presented the certificate and medal to the successful participant. Other faculty members of LBS College, Kota Sh. Rishabh Kumar, Ms. Shalini Yadav, Sh. Yakin Khan also attended the workshop.
