



MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding (hereinafter referred to as "MoU") has been made, agreed, and executed on this 23rd day of March 2026.

Between

VARDHAMAN MAHAVEER OPEN UNIVERSITY, KOTA -324010 (Raj.) (hereinafter referred to as "VMOU", which expression shall unless repugnant to the context and meaning thereof mean and include its administrators and permitted assigns) situated at Rawatbhata Road, Kota.

and

HEARTFULNESS EDUCATION TRUST, Vijayawada – 520 010 (AP) (hereinafter referred to as "HET", which expression shall unless repugnant to the context and meaning thereof mean and include its successors, administrators, authorized representatives and permitted assigns) is a registered trust having its registered office at No. 40-15-9/12, Nandamuri Road, Venkateswarapuram Post Office, Vijayawada.

BOTH PARTIES HEREBY AGREE AS UNDER:

1. PURPOSE AND OBJECTIVES

1.1. VMOU has represented that it is a leading institute that offers high quality education and its priority is to provide its students with values and inner development that enables them to perform better in their education and be leaders in nation building. VMOU seeks to provide its students with the basic life skills to manage challenges in their relationships, avoid intoxicating abuses, digital dependence and deal with the stress of modern life.

1.2. HET has agreed to be helpful in this mission through its programs specifically developed for specific needs without any financial burden on VMOU:

(a) Staff Training: HET shall impart a training program on "Wellness at Work" to the Faculty and Staff of VMOU at its campus. VMOU may at its sole discretion make it compulsory for their faculty/staff.

(b) HELM (Heartfulness Enabled Leadership Mastery) Curriculum for Students: HET shall begin an in-depth training for students. This would cover a 3-day induction program and a 16-week life-skills course which will be followed by subsequent foundational leadership programs such as 'Discover', 'Develop', 'Deepen', 'Dedicate' etc.



(c) Leadership Conclave/Roundtable on Heartfulness Leaderships: HET shall conduct a 3-day workshop for faculty / Staff members of VMOU in which light will be thrown on the relationship between meditation and education.

1.3. Both the Parties hereby express their commitment to collaborate with each other to conduct (i) Educational, (ii) Heartfulness relaxation and Meditation, and (iii) other connected wellness workshops to help students and teachers to regulate their minds, moderate their tendencies, increase their concentration, sharpen the use of their will and to develop the habit of tolerance, introspection and self-analysis. Through such workshops and Offerings of HET, they intend to help the students to improve their learning skills and behaviour, and to inculcate humility, emotional maturity, confidence, stress management, self-awareness and most importantly, develop a sense of purpose towards life.

2. FACILITATORS

Both the Parties shall nominate one or more representatives, who shall be the point of contact/facilitator for the purposes of this MoU. The Facilitators of the respective Parties shall maintain regular contact with each other. Further, they shall propose and review the response received from the participants for the workshops and other activities that may be conducted pursuant to this MoU and in furtherance to fulfil the purpose and objectives envisioned under this MoU.

3. FACILITIES & UNDERSTANDING

3.1. HET shall provide its services with respect to Heartfulness meditation practices on a free-of-charge basis at all times as agreed. However, it is hereby agreed that certain facilities relating to limited training programs, workshops and faculty may be provided by VMOU in the following manner:

- i) Rooms for Heartfulness Corner, Meditation Practice and Library, and other such facilities already available in VMOU. VMOU shall not bear any financial burden.
- ii) No expense would be undertaken by VMOU for training programs for faculty and students organized at HET centres.

3.2. Logistics and Hospitality:

VMOU shall not bear any kind of travel expenses for any of the HET trainers and guests who are invited to VMOU for conducting sessions/programs.

4. TERM

4.1. This MoU has been executed for the purpose of organizing workshops/seminars/training sessions at the premises of VMOU.



4.2. This MoU shall come into effect from the Execution Date and shall remain in force for a period of three years thereafter.

4.3. This MoU shall terminate after completion of the term without any financial obligations to the Parties.

4.4. The Parties may execute similar agreements for similar initiatives in future or even extend the term of this MoU for such further periods as mutually agreed to by the Parties.

4.5. Either Party may voluntarily terminate this MoU by giving one month's notice in writing to the other.

5. ASSIGNMENT

This MoU is personal to the Parties and the rights and obligations established herein shall not be assignable by the Parties, except to the extent expressly permitted under this MoU.

6. INTELLECTUAL PROPERTY

Neither Party shall exercise any rights in the trademarks, copyright or other intellectual property of the other Party. The provisions of prevailing law relating to trademark and copyright shall be followed strictly.

7. INDEMNITY

The services provided by HET with respect to the Offerings are on a mutual basis and free of cost. Only the willing participants who are concerned for their own well-being and self-development are required to participate. The Parties, therefore, agree that such services do not give rise to any kind of damage or liability to anybody who participates and therefore no damage can arise therefrom. No indemnity is therefore provided herein. The Parties agree that HET programs do not guarantee success of its objectives or purposes as mentioned anywhere in this MoU.

8. GOVERNING LAW, JURISDICTION & ARBITRATION

8.1. This MoU shall be construed, interpreted and enforced in accordance with the laws of India. Offerings made by HET are free of cost; therefore, there is no financial involvement. Even then, in case of any differences between the Parties, they shall make all efforts to settle the disputes amicably through mutual discussion and negotiation within 10 days. If the dispute does not resolve, it shall be referred to a sole arbitrator appointed by both the Parties, as per the provisions of the Arbitration and Conciliation Act, 1996.

8.2. The courts of competent jurisdiction in Kota, Rajasthan shall have exclusive jurisdiction with respect to any and all matters pertaining to this MoU.



9. MISCELLANEOUS

9.1 This MoU can only be amended in writing by mutual consent of both the Parties. No modification or amendment to this MoU and no waiver of any of the terms or conditions hereof shall be valid or binding unless made in writing and duly executed by or on behalf of both the Parties.

9.2 The arrangement contemplated herein being in the nature of a cooperative strategic alliance for general wellbeing, no monetary consideration is involved.

9.3 None of the provisions of this MoU as stated above shall be deemed to constitute a partnership between HET and VMOU and neither Party shall have any authority to bind or shall be deemed to be the agent of the other in any way.

IN WITNESS WHEREOF the Parties hereto have executed this MoU, in duplicate, by their duly authorized representatives on the date, month and year first written above.

[Signature]
23/3/26

For Vardhaman Mahaveer Open Univ., Kota

[Signature]

For Heartfulness Edu. Trust Vijayawada.